

Sponsored by the Seattle OCD & Hoarding Support Group (www.ocdseattle.org)

SATURDAY MAY 18TH

OPEN TO ALL

“Hoarding Disorder – A New Diagnosis”

601 Broadway, Swedish Orthopedic Institute, First Hill Campus

\$10 suggested donation

AGENDA

- 9:00 am Registration & Meet the Speakers
- 9:30 am "Hoarding Disorder", Dr. Travis Osborne
- 10:30-11am: Break
- 11am to Noon: Breakout Sessions with Speakers
- Noon to 1: Panel Discussion/ Q&As



**Hoarding
Books for
Sale!!**

**Consult with
Hoarding
Experts!!**

Travis L. Osborne, PhD is a Staff Psychologist and Director of Training and Quality Assurance at the Evidence Based Treatment Centers of Seattle. Dr. Osborne has considerable experience treating the full range of anxiety disorders and has particular interest in the treatment of hoarding and obsessive compulsive disorder. He's been a featured therapist on "Hoarding: Buried Alive".

Ceci Garrett, B.S. Psychology, is the adult child of a hoarder. Ceci founded Lightening the Load, a ministry that works to connect those in the Spokane area with resources and hope as they unclutter their homes, lives, and relationships. She works to raise awareness about the effects hoarding disorder has on the family and the community. Ceci's Mother, Judi, was featured on the reality show "Hoarders" in December 2009.

Rebecca Ross, the Composed Domain, has been creating order for individuals and companies in the Seattle Area since 2000. As a former architect she brings spatial awareness to the process of professional organizing. She has been on TLC's Hoarding: Buried Alive and works with therapists and hoarders, as well as people needing general help with belongings and paper. Her monthly newsletter offers tips on organizing and personal awareness.

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